

To: ARCHIVES
Subject: THE SOUL

In the Appendix of our text, *Life Between Lives Hypnotherapy*, I have a section of 14 spiritual principles called: *The Way of Souls*. All are short statements. Principle # 1 simply states the soul represents intelligent energy that is immortal and manifested by specific vibrational waves of light and color. This position paper attempts to conceptually expand my thoughts about the nature of souls.

I should begin with the broad statement that a soul's outward manifestations exist as glowing streams of divine energy from human beings. More simply, the eyes are a key to the soul. This soul essence is more evident in some people than others on our planet. On page 180 in *DS*, I explain that spiritual auras are different than auras from the patterns and colors generated by the human body. Rather than being "God-like", this spiritual energy emanates from our higher selves. Between lives the soul's energy has been rejuvenated and healed from the previous incarnated life. Also, between lives our entire energy mass is reunited with itself to become whole again. Add to this the fact that our whole soul energy is exposed once again by higher influences of guides and elders. Thus, the soul grows ever stronger.

A spiritual person has greater awareness that they have a cosmic force embedded within their body that provides their humanity with a sacred presence although they may not be able to define it. This awareness is especially true with the older advanced soul on earth. Those around us see this as well. The soul gives our physical body, including the brain and central nervous system, both depth and a sense of purpose and meaning. However, the soul manifests itself differently from body to body in each new physical life. This is why the soul can seem rather mysterious and also because the rhythm of a soul cannot be identified easily in a conscious state. Our TNI movement offers a gift to the world of spiritual seekers in that we are capable of helping people in deep hypnosis access to the individuality of their souls.

The power of soul identity is that this essence shapes our life and values. The manifestation of our eternal spirit drives our actions through memories, longings and creative emotions and is like a fire within us during life. The reason I don't believe important things in life happen by accident is because there exists within us an intentionality on the path of the soul. These deeper motivations involving pre-life decisions is often seen as a mysterious plan for us in the conscious state. This is by design. I should say here that this divine plan is not an element of fate because that would mean a determinism that does not exist within the sphere of free will. A soul may start life with a general plan, but this must include the opportunity for making choices along the way because without this karmic factor a soul would not advance. We learn from our mistakes and become wiser for them.

Perhaps the greatest manifestation of a soul is that this essence allows our mind to accept who we are unconditionally in a given body at a given time on this planet. Thus, the soul fosters an awareness and insight about life itself through its power and influence. The enlightened person is grounded by their soul and during our darkest hours, particularly near the end of life, we are essentially alone with our thoughts. It is the soul that gives us sustenance and courage in the difficult times.